

FROM POLICY TO ACTION

EASO POLICY STRATEGY 2019 - 2022



OUR CHALLENGES

To date, obesity has been over simplified by being disregarded as a weight, diet or lifestyle issue creating 3 key challenges:

- 1** Limited recognition and understanding of obesity as a chronic relapsing disease at an EU level
- 2** No national plans for obesity as is the case for other NCDs
- 3** No infrastructure at a systems level to allow obesity to be treated as a chronic disease



OUR SOLUTION

The EASO policy engagement strategy aims to create a bridge between science and policy.

It is time to correct the narrative and align with the science to ensure whole-system partnerships and policies are put in place that adequately address obesity as a major non-communicable disease at EU and national levels.

This is why EASO is working to:



Embed a 'root cause' approach to improve understanding of pre-obesity and obesity

Highlight an updated, evidenced narrative of obesity as a chronic disease



Create advocacy capacity from within EASO community and champions

Link EASO scientific work to policy



Engage across stakeholder communities for 'one voice'



With these actions our overall goal is to enable policy and decision makers to:

- 1** Make obesity treatment, long term clinical management and prevention strategies integral to COVID-19 Recovery Plans and as part of the "new reality"
- 2** Facilitate, at EU level, the development of a harmonised framework of National Plans for obesity, as is the case with other major NCDs
- 3** Facilitate the multi-stakeholder development of holistic guidelines including related key performance indicators
- 4** Prioritise access to, implementation, funding and uptake of innovative obesity prevention and care pathways at all stages of life
- 5** Address inequalities and discrimination in access to obesity care pathways through the review and transformation of health systems and governance surveillance infrastructures
- 6** Establish EU Reference Networks for obesity

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 @EASOobesity

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