



## Addressing obesity: Unlocking the key to resilient health systems

4 March 2021: 10.00 – 12.30 CET | Online

Co-hosted by the **European Association for the Study of Obesity (EASO)** and the **European Coalition for People Living with Obesity (ECPO)**

### 10.00-10:15 | Opening remarks

Co-chaired by Vicki Mooney, ECPO and Nathalie Farpour-Lambert, EASO

- **Dr. Nathalie Farpour-Lambert**, EASO President
- **MEP Pernille Weiss** (Denmark, EPP), Chair of the Informal Interest Group on Obesity and Health System Resilience
- **Anna Lönnroth Sjödén**, Head of Unit - Healthy Lives, People Directorate, DG for Research and Innovation, European Commission

### 10:15-10:50 | Session 1: Implementing foresight priorities: Resilient health systems for obesity

Co-chaired by: Jacqueline Bowman-Busato, EASO and Vicki Mooney, ECPO

*This session aims to take a broader system thinking view of how best to approach the realities of achieving health systems resilience and possibilities for addressing obesity in line with the European Commission's Strategic Foresight approach. We will delve into*

- *What exactly do we mean by "resilience"?*
- *Should resilient health systems be a flag ship on paper for EU and national authorities? Or is a more bottom up (from the regional approach) more appropriate?*
- *What is needed at a political level? The experience of prioritising cancer – a "hot topic" to a Special Committee status.*
- *What benefits will the various legislative packages have on bolstering resilience?*
- *Lessons learned from Cancer*

*Leading the discussions:*

- **Valentina Polylas**, Director, European Regional and Local Health Authorities (EUREGHA)
- **Dr Matti Aapro**, President European Cancer Organisation (ECO)
- **Teena Gates**, Irish Coalition for People Living with Obesity (ICPO) and ECPO
- **MEP Sara Cerdas** (Portugal, S&D), Member of the special committee on beating cancer (BECA)

### 10:50-11:35 | Session 2: Access to care: The role of digitalisation

Co-Chaired by: Vicki Mooney, ECPO and Jason Halford, EASO

*"Digitalisation" has become the word of the day; particularly in light of European Commission efforts with the EU Health Data Space dossier, implementation of the EU4Health Programme as well as the EU Reference Networks.*

*But obesity is the only major NCD for which there is no consistent standardised data collection beyond prevalence. the ramifications of this lacune*

*This session therefore aims to explore how we can leverage existing instruments to ensure that obesity outcomes can be identified, tracked and assessed along the entire disease pathway. On the agenda are:*

- *What is the end goal for **meaningful obesity data**?*

- How can we ensure that data that enables better health outcomes in obesity treatment and long-term management can be **routinely incorporated into prevention and management strategies of other NCDs?**
- How can the EU digital transformation agenda support **informed co-decision-making** for People with Obesity and health practitioners?

Leading the discussions:

- **Jennifer Lyn Baker**, Senior Researcher, The Centre for Clinical Research and Prevention, Copenhagen University Hospital system, Denmark, and EASO
- **Jaana Sinipuro**, Project Director responsible for IHAN – Human-Driven Data Economy
- **Ken Clare**, European Coalition for People living with Obesity (ECPO)

11:35-11:40 | Break

11:40-12:25 | Session 3: **Obesity – The next Health Mission?**

Co-chaired by: Euan Woodward, EASO and Vicki Mooney, ECPO

*In this session obesity as the next Health Mission will be presented and discussed, including what this would mean for patients' people living with obesity and society, and how we can get there. We will also hear from the European Cancer Patient Coalition on the current Cancer mission and co-morbidity approach.*

**Opening remarks: Pierre Delsaux**, Deputy Director General for Health, DG SANTE, European Commission

Leading the discussions:

- **Antonella Cardone**, Executive Director European Cancer Patient Coalition (ECPC)
- **Carlos Oliveira**, Director, Portuguese Association for People Living with Obesity (Adexo) and ECPO Board Member
- **Kremlin Wickramasinghe**, Acting Manager, Noncommunicable Diseases, WHO Europe
- **Anna Lönnroth Sjödén**, Head of Unit - Healthy Lives, People Directorate, DG for Research and Innovation, European Commission

12.25-12:30 | **Closing remarks**

Co-chaired by Vicki Mooney, ECPO and Jason Halford, EASO

- **MEP Pernille Weiss** (Denmark, EPP), Chair of the Informal Interest Group on Obesity and Health System Resilience
- **Prof. Jason Halford**, EASO President Elect

**EASO**

European Association for the Study of Obesity

**European Association for the Study of Obesity | [www.easo.org](http://www.easo.org)**

The leading voice of obesity science, medicine and community in Europe, we represent scientists, obesity specialists, physicians, health care practitioners, public health practitioners and patients.

Established in 1986, EASO is a federation of professional membership associations from 36 countries.

**EASO  
ECPO**

**European Coalition for People Living with Obesity | [www.eurobesity.org](http://www.eurobesity.org)**

Initially established in 2014, to help the European scientific and clinical community better understand the patient experience.

From this, the Patient Council developed into a strong voice for people living with obesity & the patient community across Europe. We are now an independent patient led, managed, and run organisation working collaboratively across Europe.