

## 2019 EASO Best of ECO

Istanbul, Turkey: 19-20 October 2019

### Session 1: Saturday 19 October 2019

- 09:30 – 10:00 Why obesity is a chronic relapsing disease (biological and genetic factors)?  
Abd Tahrani (UK)
- 10:00 – 10:30 Social and environmental influences on body weight – situational determinants  
Jason Halford (UK)
- 10:30 – 11:00 Stigma and Weight Bias: Implications for Clinical Care  
Ximena Ramos-Salas (Sweden)
- 11:00 – 11:30 Break
- 11:30 – 12:00 Psychological and behavioral aspects  
Jason Halford (UK)
- 12:00 – 13:00 Lunch

### Session 2: Saturday 19 October 2019

- 13:00– 13:30 Clinical evaluation of the patient with obesity  
Barbara McGowan (UK)
- 13:30– 14:00: Different treatment options for different levels of care  
Abd Tahrani (UK)
- 14:00 – 14:30: Obesity Medications: Understanding the Impact on Appetite, Hunger and Behaviours  
Carl Roberts (UK)
- 13:00 – 15:00 Indications to bariatric surgery and the surgical options  
Gerhard Prager (Austria)
- 15:00 – 15:30 Break
- 15:30 – 16:00 Post-bariatric surgery follow up (medical management)  
Volkan Yumuk (TR)
- 16:00 – 18:00 Company Presentation (see event webpage for information)
- 19:00 – 21:00 Group Networking Dinner and Scientific Quiz

### Session 3: Sunday 20 October 2019

- 09:30 – 10:00 Management of weight regain  
Barbara McGowan (UK)
- 10:00 – 10:30 Complications of Obesity: Overview  
Hermann Toplak (Austria)
- 10:30 – 11:00 Weight management as a treatment for diabetes  
Alex Miras (UK)
- 11:00 – 11:30 Break
- 11:30 – 13:00 Expert clinical case studies  
Panel