Collaborating Centres for Obesity Management
EASO Actions: COMs

- >125 members
- >20 paediatric members
- >80 reps at annual Summit
- ECO OMTF workshops
- Shared PPTs and recorded sessions

The COMs Exchange and Mentoring Programme will provide candidates with the knowledge, skills and tools required to establish and run new multidisciplinary treatment centres.

Candidates will learn about COMs structures, processes and set-up procedures by visiting a COMs Centre to observe and explore best practices.

Ongoing mentoring will help new centres to become accredited members of the EASO COMs network.
EASO COMs Exchange and Mentoring Programme

Site Visits

- Candidates will visit an accredited COMs host site for 3-5 days
- All costs including travel and accommodation will be covered by EASO
- Candidates will spend time in each department to learn how they function, how teams are developed and what equipment and processes are required
- Each site visit will allocate significant time for discussion and networking
- Candidates will be mentored by host COMs after a site visit
- Candidates will be matched with host centres that most closely reflect their national health systems and language capabilities
Selection Process

- Candidates are selected through an application process. Registered health professionals and health care professionals may apply.
- Candidates must show a clear pathway to establishing an obesity treatment centre or service as part of their application.
- Candidates will be recruited firstly from European countries (in special circumstances candidates from other regions will be considered).
- Countries with the greatest need for support from EASO will be prioritised.
- Candidates can request preferred host centres from the COMs database, but matching will be managed by EASO.

Who Should Apply?

The COMs network includes university, public and private clinics. The exchange programme is open to Health Care Professionals with an expertise in obesity management, who are seeking training in the practical aspects of providing obesity care. To apply, complete the application form on:

http://easo.org/coms/coms-exchange-programme/.
I just returned from Cardiff with wonderful memories and great insights. I thoroughly enjoyed my visit. I am so pleased to have been selected for the exchange program and hope that I too one day can offer other candidates a similar experience. The team in Wales was superb, all the staff were very warm, friendly and extremely passionate about their work. The center is well staffed and equipped with clock-work precision.